



NATIONAL OPEN UNIVERSITY OF NIGERIA
UNIVERSITY VILLAGE, NNAMDI AZIKIWE EXPRESS WAY, JABI, ABUJA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF NURSING SCIENCES
2023_1 POP EXAMINATION

PROGRAMME: BACHELOR OF NURSING SCIENCE (BNSc.)

COURSE CODE: NSC 314

COURSE TITLE – MENTAL HEALTH AND PSYCHIATRIC NURSING I

CREDIT UNITS: 4

TIME ALLOWED: 2 HOURS 30 MINUTES

TOTAL MARKS: 70%

INSTRUCTION: ANSWER ALL THE QUESTIONS

Question 1

Freud believed that personality solidifies during childhood and thus proposed five stages of psychosexual development.

- a. In a tabular form, identify the age, sources of pleasure and results of fixation at each stage. **(10mks)**
- b. Outline the nursing management of patient with antisocial personality disorder **(10mks)**

Question 2

- a. List and discuss seven (7) main prerequisite skills you need as a nurse for good nursing practice. **(14mks)**
- b. Mention the ten (10) Standards of Mental Health Nursing enunciated by the Division on Psychiatric and Mental Health Nursing Practice **(5mks)**
- c. Outline six (6) objectives of mental hygiene **(6mks)**

Question 3

- a. List the DSM-IV Classification (a multi-axial system) according to American Psychiatric Association (APA) **(5mks)**
- b. Discuss ten (10) changing roles of the Mental Health-Psychiatric Nurse. **(20mks)**